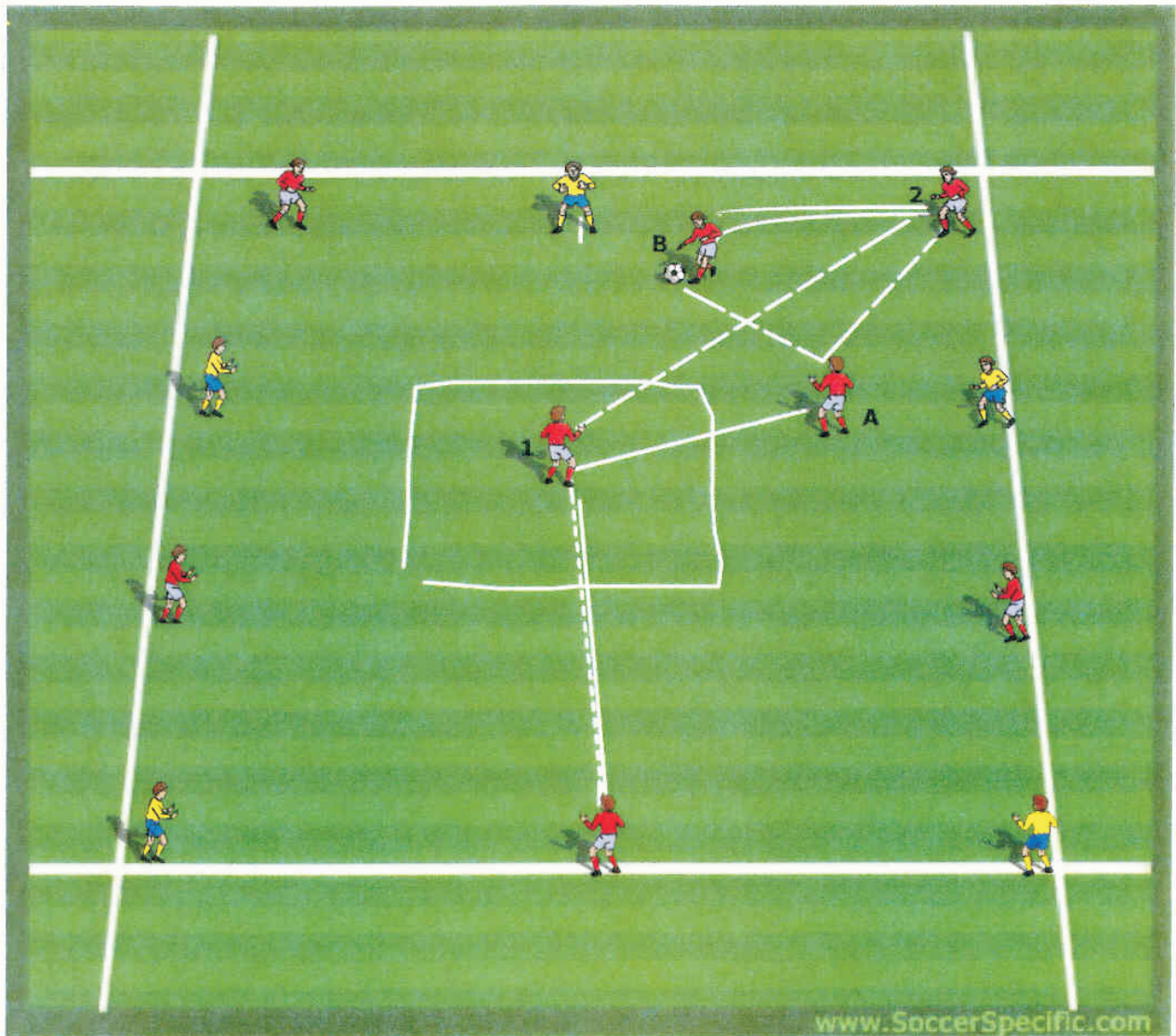


## Warm Up 3



**Purpose:** Focus on the give and go to beat an opponent

### Organization

1. Dribble through the middle and pass off to another player
2. Once the ball has been passed off to player 1, they then position themselves at position A
3. Player 2 receives the ball, passes back to player 1 at position A and looks for the return pass at position B, making a combination pass

### Coaching Points

1. Good solid pass
2. Good weight on the pass
3. Create the angle to receive the ball back
4. Player 2 times run and explodes onto the ball